

# MTB-INH

Chip-based Real Time PCR test for Isoniazid Resistant Mycobacterium tuberculosis

## 1. INTENDEDUSE

Truenat® MTB-INH (REF 601360005 / 601360020 / 601360025 / 601360050 / 601360100 / 601360200) is a Chip-based Real Time Polymerase Chain Reaction (PCR) test for the detection of Isoniazid resistance in *Mycobacterium tuberculosis* (MTB) in Truenat® MTB/MTB Plus positive human specimen and aids in the diagnosis of MDR-TB. This test detects the presence of major mutations (SNPs) in the MTB genome that are known to cause resistance to Isoniazid. Truenat® MTB-INH runs on the Truelab® Real Time Quantitative micro PCR Analyzers. This is a follow on test, to be performed only on the extracted DNA from Truenat® MTB/MTB Plus positive sample. Truenat® MTB-INH is an *in vitro* diagnostics test meant for professional use only.

# 2. INTRODUCTION

Multidrug-resistant Mycobacterium tuberculosis (MDR-TB) has emerged as a major public health problem worldwide. The WHO estimates that in 2014 an estimated 4,80,000 people developed MDR-TB across the globe. MDR-TB is defined as TB that is resistant to both Isoniazid (INH) and Rifampicin (RMP). In many countries and regions, these resistant strains constitute a serious threat to the efficacy of tuberculosis control programs. One of the main reasons for treatment failure and fatal clinical outcome in patients with tuberculosis is resistance to rifampicin. Isoniazid resistance is most invariably associated with resistance to rifampicin. However many cases of MDR-TB because of Isoniazid mono resistance are reported. Hence, detection of Isoniazid resistance is recommended as a second most reliable surrogate marker for diagnosis of MDR-TB. Drug Susceptibility Testing (DST) by culture methods are the most common method used for detecting drug resistance. Culture methods require specialized and controlled laboratory facility and highly skilled manpower and takes 3 to 6 weeks to provide the result. Molecular techniques such as line probe assay and polymerase chain reaction (PCR) or Real Time PCR are accurate and much faster than culture. However, molecular techniques have so far been restricted to centralized reference laboratories, as they require skilled manpower and elaborate infrastructure. Also the turnaround time for results could take a few days.

The **Truelab**® Real Time micro PCR System enables decentralization and near patient diagnosis of Isoniazid Resistant *Mycobacterium tuberculosis* by making real time PCR technology rapid, simple, robust and user friendly and offering "sample to result" capability even at resource limited settings. This is achieved through a combination of lightweight, portable, mains/battery operated **Truelab**® Real Time micro PCR Analyzer and **Trueprep® AUTO/AUTO v2** Universal Cartridge Based Sample Prep Device and room temperature stable **Truenat® micro PCR chip** and

**Trueprep® AUTO/AUTO v2** Universal Cartridge Based Sample Prep Kits so that even the peripheral laboratories with minimal infrastructure and minimally trained technicians can easily perform these tests routinely in their facilities and report PCR results in less than an hour. Moreover, with these devices PCR testing can also be initiated in the field level, on site.



**Truenat** MTB-INH is a disposable, room temperature stable, Chip-based Real Time PCR test with dried MgCl $_2$  in reaction well and freeze dried PCR reagents in microtube for performing Real Time PCR test for detection of Isoniazid resistant *Mycobacterium tuberculosis* and runs on the **Truelab** Real Time Quantitative micro PCR Analyzer. It requires only six (6)  $\mu$ L of purified **Truenat** MTB/MTB Plus positive DNA to be added to the reaction well for the analysis. The intelligent chip also carries test and batch related information and stores information of used test to prevent any accidental re-use of the test.

NOTE: Truelab $^{\circ}$  / Truenat $^{\circ}$  / Trueprep $^{\circ}$  / Truepet $^{\circ}$  are all trademarks of Molbio Diagnostics Private Limited.

The Truelab® Real Time micro PCR Analyzer is protected by the following patents and patents granted: IN 2313/CHE/2007 (Patent No. 281573), WO2009/047804 and corresponding claims of any foreign counterpart(s) thereof.

The Truenat<sup>®</sup> micro PCR chip is protected by the following patents and patents pending: IN 2312/CHE/2007, WO 2009/047805 and corresponding claims of any foreign counterpart(s) thereof.

# 3. PRINCIPLE OF THE TEST

Isoniazid Resistance detection is based on the principle of real time polymerase chain reaction followed by the probe melt analysis. Assay targets are *KatG* and *inhA* genes. Mutations in the codon 315 of *KatG* and promoter region of *inhA* are detected in the assay. A resistant sample causes a shift in the probe melt temperature (Tm). Assay includes a control probe. Tm of Control Probe is used for melt temperature correction.

Truenat® MTB-INH works on the principle of Real Time Polymerase Chain Reaction. The DNA from the patient sample is first extracted using Trueprep® AUTO / AUTO v2 Universal Cartridge Based Sample Prep Device and Trueprep® AUTO / AUTO v2 Universal Cartridge Based Sample Prep Kit and assayed for MTB using Truenat® MTB/MTB Plus test (refer Truenat® MTB/ Truenat® MTB Plus pack insert). If the sample tests positive for MTB, Six (6) µL of the purified DNA is then dispensed using the provided micropipette and tip into the microtube containing freeze dried PCR reagents and allowed to stand for 30-60 seconds to get a clear solution. Δ No mixing by tapping, shaking or by reverse pipetting should be done. Six (6) μL of this clear solution is then pipetted out using the same pipette and tip and dispensed into the reaction well of the Truenat® MTB-INH chip and the test is started. Presence of mutations (SNPs) within the KatG and promoter region of inhA is detected using a probe melt assay. At the end of the test run, a "INH Resistance detected" or "INH Resistance not detected" result is displayed. The results can be printed via Bluetooth using the Truelab® micro PCR printer or transferred to the lab computer/or any remote computer via Wifi network or 3G/GPRS network. Upto 20000 results can be stored in the Truelab® Uno Dx/Duo/Quattro analyzer for future recall and reference.

#### 4. TARGET SELECTION

The target sequence is the *inhA* and *KatG* genes of *Mycobacterium tuberculosis* genome.

## 5. CONTENTS OF THE Truenat® MTB-INH KIT

- A. Individually sealed pouches, each containing
  - 1. Truenat® MTB-INH micro PCR chip.
  - 2. Microtube with freeze dried PCR reagents.
  - 3. DNase & RNase free pipette tip.
  - 4. Desiccant pouch.
- B. Package Insert.

REF	601360005	601360020	601360025	601360050	601360100	601360200
Σ	5T	20T	25T	50T	100T	200T

## 6. STORAGE AND STABILITY

**Truenat® MTB-INH** chip is stable for two (2) years from the date of manufacture if stored between 2-30°C. It is also stable for upto (1) month at temperatures up to 45°C. Avoid exposure to light. Do not freeze.

## 7. MATERIALS REQUIRED BUT NOT PROVIDED WITH THE KIT

**Truelab**® Real Time micro PCR Workstation (REF623010001 / 633010001 / 643010001/653010001) consisting of,

- Trueprep® AUTO/AUTO v2 Universal Cartridge Based Sample Prep Device (REF603041001/603042001)
- Truelab<sup>®</sup> Uno Dx / Truelab<sup>®</sup> Duo / Truelab<sup>®</sup> Quattro Real Time micro PCR Analyzer (REF 603021001/603022001/603023001).
- 3. Truelab® micro PCR Printer (REF 603050001).
- 4. **Truepet**® SPA fixed volume precision micropipette 6 µl (REF 604070006).
- 5. Truelab® Microtube Stand (REF 603070001).

Also required additionally are: Truenat® MTB/MTB Plus Chip-based Real Time PCR test for *Mycobacterium tuberculosis*, Trueprep® AUTO MTB Sample Pre-treatment Pack (REF60204AS05 / REF60204AS20 / REF60204AS25 / REF60204AS50 / REF60204AS100 / REF60204AS200), Trueprep® AUTO Universal Cartridge Based Sample Prep Kit (REF 60203AR05 / REF60203AR25 / REF60203AR30 / REF60203AR30) or Trueprep® AUTO v2 Universal Cartridge Based Sample Prep Kit (REF60207AR05 / REF60207AR25 / REF60207AR30 / REF60207AR30), Powder free disposable gloves, waste disposal container with lid.

# 8. SPECIMEN PREPARATION FOR EXTRACTION WITH Trueprep® AUTO/AUTO v2

Truenat® MTB-INH requires purified nucleic acids from sputum/EPTB specimen that are extracted using the Trueprep® AUTO/AUTO v2 Universal Cartridge Based Sample Prep Device and Trueprep® AUTO/AUTO v2 Universal Cartridge Based Sample Prep Kit that have tested positive by Truenat® MTB/MTB Plus (Refer to the User Manual of Trueprep® AUTO / AUTO v2 Universal Cartridge Based Sample Prep Device and the package inserts of Trueprep® AUTO / AUTO v2 Universal Cartridge Based Sample Prep Kit, Trueprep® AUTO MTB Sample Pre-treatment Pack and Truenat® MTB/MTB Plus for details).

# 9. SAFETY PRECAUTIONS

- 1. For in vitro diagnostic use only.
- 2. Bring all reagents and specimen to room temperature (20 30°C) before use.
- 3. Do not use kit beyond expiry date.
- Carefully read the User Manuals, package inserts and Material Safety Data Sheets (MSDS) of all the components of the Truelab<sup>®</sup> Real Time micro PCR System before use.
- . All materials of human origin should be handled as though potentially infectious.
- 6. Do not pipette any material by mouth.

- Do not eat, drink, smoke, apply cosmetics or handle contact lenses in the area where testing is done.
- 8. Use protective clothing and wear disposable gloves when handling samples and while performing sample extraction.

## 10. PROCEDURAL PRECAUTIONS

- Check all packages before using the kit. Damage to the packaging does not prevent the contents of the kit from being used. However, if the outer packaging is damaged the user must confirm that individual components of the kit are intact before using them.
- Do not perform the test in the presence of reactive vapours (e.g. from Sodium hypochlorite, acids, alkalis or aldehydes) or dust.
- 3. While retrieving the **Truenat**® **MTB-INH** micro PCR chip, microtube and the DNase & RNase free pipette tip from the pouch, ensure that neither bare hands nor gloves that have been used for previous tests run are used.

#### 11. PROCEDURAL LIMITATIONS

- Optimal performance of this test requires appropriate specimen collection, handling, storage and transport to the test site.
- Though very rare, mutations within the highly conserved regions of the target genome where the **Truenat**® assay primers and/or probe bind may result in the under-quantitation of or a failure to detect the presence of the concerned pathogen.
- 3. The instruments and assay procedures are designed to minimize the risk of contamination by PCR amplification products. However, it is essential to follow good laboratory practices and ensure careful adherence to the procedures specified in this package insert for avoiding nucleic acid contamination from previous amplifications, positive controls or specimens.
- 4. A specimen for which the **Truenat**<sup>®</sup> assay reports "Not Detected" cannot be concluded to be negative for the concerned pathogen. As with any diagnostic test, results from the **Truenat**<sup>®</sup> assay should be interpreted in the context of other clinical and laboratory findings.

## 12. CLEANING AND DECONTAMINATION

- Spills of potentially infectious material should be cleaned up immediately with absorbent paper tissue and the contaminated area should be decontaminated with disinfectants such as 0.5% freshly prepared Sodium hypochlorite [10 times dilution of 5% Sodium hypochlorite (household bleach)] before continuing work.
- Sodium hypochlorite should not be used on an acid-containing spill unless the spill-area is wiped dry first. Materials used to clean spills, including gloves should be disposed off as potentially bio-hazardous waste e.g. in a bio-hazard waste container.

# 13. TEST PROCEDURE

(Please also refer the **Truelab**® Real Time Quantitative micro PCR Analyzer user manual)

- 1. Switch on the **Truelab**® Analyzer.
- 2. Select user and enter password.
- For Truelab® Uno Dx, select the test profile for "MTB INH" to be run from the Profiles Screen on the Analyzer screen. For Truelab® Duo/Quattro, select the Bay (Idle1/2) for Duo and (Idle1/2/3/4) for Quattro from the Status Screen to view the Profiles Screen. Select the test profile for "MTB INH" to be run from the Profiles Screen on the Analyzer screen.
- 4. Enter the patient details as prompted in the **Truelab**® Analyzer screen.
- 5. Press Start Reaction.
- For Truelab<sup>®</sup> Uno Dx, Press the eject button to open the chip tray. For Truelab<sup>®</sup> Duo/Quattro, the chip tray opens automatically on tapping the "Start Reaction" button.
- 7. Open a pouch of **Truenat® MTB-INH** and retrieve the Chip-based Real Time PCR test and the microtube and DNase & RNase free pipette tip.
- Place the Truenat® MTB-INH Chip-based Real Time PCR test on the chip tray
  without touching the white reaction well. The reaction well should be facing up
  and away from the Analyzer. Gently press the chip to ensure that it is seated in
  the chip tray properly.
- 9. Place the microtube containing freeze dried PCR reagents in the microtube stand provided along with the **Truelab**® Real Time micro PCR workstation **after ensure that white pellet of dried PCR reagents remain at the bottom of the microtube.** Remove the microtube cap and dispose it off as per the section on "Disposal and Destruction" (Section 16). Using the filter barrier tip provided in the pouch, pipette out six (6) µL of the purified DNA from the Elute Collection Tube into the microtube. Allow it to stand for 30-60 seconds to get a clear solution. ▲ Do not mix it by tapping, shaking or by reverse pipetting. Using the same filter barrier tip, pipette out six (6) µL of this clear solution and dispense into the centre of the white reaction well of the **Truenat® MTB-INH** chip. Take care not to scratch the internal well surface and not to spill elute on the outside of the well. Dispose off the microtip as per the section on "Disposal and Destruction" (Section 16).
- 10. For Truelab<sup>®</sup> Uno Dx, slide the chip tray containing the Truenat<sup>®</sup> MTB-INH Chip-based Real Time PCR test loaded with the sample into the Truelab<sup>®</sup>

Analyzer. Press Done on the "Please Load Sample" Alert message. For **Truelab**® **Duo/Quattro**, select "YES" at the Please load Sample prompt. Chip tray will close automatically and the reaction will start.

- 11. Read the result from the screen.
- After the reaction is completed, for Truelab<sup>®</sup> Uno Dx, push the Eject button to eject the chip tray. For Truelab<sup>®</sup> Duo/Quattro, tap the "Open/Close Tray" button to eject the chip tray.
- 13. Take out the **Truenat® MTB-INH** micro PCR chip at end of the test and dispose it off as per the section on "Disposal and Destruction" (Section 16).
- 14. Turn on Truelab® micro PCR printer and select print on the screen for printing out hard copy of the results. Test results are automatically stored and can be retrieved any time later. (Refer to Truelab® Analyzer manual).
- 15. Switch off the **Truelab**® Real Time micro PCR Analyzer.

## 14. RESULTS & INTERPRETATIONS

This test is based on real time PCR coupled with Probe Melt analysis. The results and interpretations are based on the melting temperature (Tm) values of the probes complementary to *inhA* and *KatG* genes. At the end of the test run, the results screen will display "High INH resistance detected" if mutations are detected in *KatG* only or in both *inhA* and *KatG*; "Low INH resistance detected" if mutations are detected in *inhA* only; "INH Resistance not detected" if mutations are not detected. The result screen will display "Indeterminate" when the Tm values do not conform to the requisite ranges for resistance calculation.

# 15. QUALITY CONTROL PROCEDURES

To ensure that the **Truelab**® Analyzer is working accurately, run positive and negative controls from time to time. The **Truenat®** Positive Control Kit Panel - I (REF 801010008) containing Positive Control and Negative Control must be ordered separately. It is advisable to run controls under the following circumstances:

Whenever a new shipment of test kits is received.
 When opening a new test kit lot.
 If the temperature of the storage area falls outside of 2-30°C.
 By each new user prior to performing testing on clinical specimen.

#### 16. DISPOSAL AND DESTRUCTION

- Submerge the used Truenat® MTB-INH chip, microtube, microtube cap, pipette
  tips etc. in freshly prepared 0.5% sodium hypochlorite solution for 30 minutes
  before disposal as per the standard medical waste disposal guidelines.
- Disinfect the solutions and/or solid waste containing biological samples before discarding them according to local regulations.
- 3. Samples and reagents of human and animal origin, as well as contaminated materials, disposables, neutralized acids and other waste materials must be discarded according to local regulations after decontamination by immersion in a freshly prepared 0.5% of sodium hypochlorite for 30 minutes (1 volume of 5% Sodium hypochlorite for 10 volumes of water).
- 4. Do not autoclave materials or solutions containing Sodium hypochlorite.
- Chemicals should be handled in accordance with Good Laboratory Practice and disposed off according to the local regulations.

# 17. SPECIFIC PERFORMANCE CHARACTERISTICS

# Analytical Exclusitivity (Primer specificity):

Genomic DNA sequence of following microorganisms were evaluated *in silico* from the NCBI database using the NCBI nucleotide blast and primer blast tools to determine for potential cross-reactivity in the **Truenat® MTB-INH** assay. *In-silico* analysis showed no potential amplicons using the oligos used in **Truenat® MTB-INH** test with the listed organisms.

Organisms	Organisms	Organisms	
Cytomegalovirus	Mycobacterium gordonae	Trichomonas vaginalis	
Adenovirus	Mycobacterium avium	Escherichia coli	
Hepatitis B Virus	Mycobacterium fortuitum	Streptococcus mutans	
Hepatitis C Virus	Mycobacteroides abscessus	Staphylococcus aureus	
Human Immunodeficiency virus	Mycobacterium ulcerans	Enterobacter cloacae	
Epstein–Barr virus	Mycobacterium scrofulaceum	Chlamydia trachomatis	
Herpes Simplex Virus	Mycobacterium intracellulare	Candida albicans	
Simian virus	Mycobacterium malmoense	Acinetobacter anitratus	
Mycobacterium kansasii	Neisseria gonorrhoeae		
Mycobacterium szulgai	Enterococcus faecalis		

# Linearity:

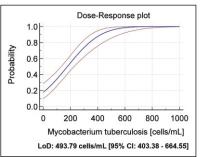
The linearity analysis was performed according to CLSI Guidelines. Serial dilutions of H37Rv, ZeptoMetrix stock from 5E+06 to 5E+02 cells/mL were made and tested using **Truenat**® **MTB-INH** on **Truelab**® Real Time micro PCR Analyzer. The assay is found to be linear over 5 orders of magnitude. (from 5E+06 to 5E+02 cells/mL) for *Mycobacterium tuberculosis* quantified H37Rv from Zeptometrix by **Truenat**® **MTB-INH** test.

# Limit of detection (LoD):

MTB strain H37Rv from Zeptometrix was used for LoD determination. The LoD was determined by testing **Trueprep® AUTO** Universal Cartridge Based Sample Prep

Device extracts, using dilutions of H37Rv strain (1000 cells/mL, 500 cells/mL, 300 cells/mL, 200 cells/mL, 100 cells/mL, 50 cells/mL, 25 cells/mL, 0 cells/mL) in negative sputum. Each dilution was tested as indicated in following table. Probit analysis of the data was used to determine the concentration with 95% probability of detection. The LoD was found to be 494 cells/mL of sputum for **Truenat**® **MTB-INH** assay.

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Cells/mL	Total runs	Detected				
1000	24	24				
500	24	21				
300	24	20				
200	24	16				
100	24	9				
	24					
50		6				
25	24	2				



#### Robustness:

Potential sample carryover within the **Truenat**® **MTB-INH** test was evaluated by testing alternate positive followed by negative samples. 10 positive samples and 10 negative samples were used for the study. The **Truenat**® **MTB-INH** test did not exhibit detectable carryover contamination from positive to negative samples.

# Reproducibility:

The purpose of this study is to compare the functional performance of the **Truenat**  $^{\circ}$  **MTB-INH** assay using three different titres of samples on **Truelab**  $^{\circ}$  **Quattro** Real Time micro PCR analyzer. The samples were extracted on **Trueprep**  $^{\circ}$  **AUTO** Universal Cartridge Based Sample Prep Device and tested among three different users (Inter user), on three different devices (Inter device) and on 5 consecutive days (Inter day) to check the variability. Mean %CV values for all titres has been calculated for *inhA* as Inter User (0.36), Inter day (0.41) and Inter Device (0.26) while for *KatG* as Inter User (0.20), Inter day (0.37) and Inter Device (0.25) which were in the accepted range of  $\leq$ 15% CV for **Truenat**  $^{\circ}$  **MTB-INH** assay.

## Accuracy

Accuracy was determined by performing DNA extractions and PCR for characterized samples from TDR Bank, ITM, Antwerp in **Truenat**® **MTB-INH.** The results of **Truenat**® **MTB-INH** assay was in concordance with the characterized panel data.

## Precision

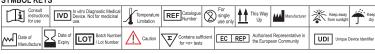
Precision was tested by performing **Truenat**® **MTB-INH** assay with extracted DNA of High (2.0E+06 CFU/ml), Medium of (1.5E+05 CFU/ml) and Low (9.0E+03 CFU/ml) DNA for five consecutive days. Every day PCR for each titre DNA was run in triplicates. The %CV values obtained for inhA as High titre (0.35), Medium titre (0.24) and Low titre (0.30) while for KatG as High titre (0.34), Medium titre (0.25) and Low titre (0.31) were within the accepted range of  $\leq$ 15% CV for **Truenat**® **MTB-INH** assay.

# **Clinical Validation:**

A panel of 50 sputum samples comprising of 25 known Isoniazid resistant and 25 known Isoniazid sensitive were run in parallel on three different lots of **Truenat**® **MTB-INH** assay at National Institute for Research in Tuberculosis, Chennai against the GenoType MTBDRplus line probe assay. Discrepancy resolution of the one "false positive" sample by genome sequencing showed this to be a Hetero infection that was not picked up by the comparator assay. No variation was observed across three lots of **Truenat**® **MTB-INH** chips tested. The **Truenat**® **MTB-INH** test was found to have a sensitivity of 100% and a specificity of 96.15%.

## 18. REFERENCES

- 1. https://www.who.int/tb/publications/global\_report/en/
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# Molbio Diagnostics Private Limited

Registered Office & Manufacturing Unit:

Plot No. L-46, Phase II D, Verna Industrial Estate, Verna, Goa - 403 722, INDIA www.molbiodiagnostics.com

Email: sales@molbiodiagnostics.com (Sales Enquiries) customersupport@molbiodiagnostics.com (Feedback and Customer Support)